

For parents who  
have children with  
developmental  
disabilities

COMMUNITY LIVING—MANITOBA  
PRESENTS ITS 10TH ANNUAL

Community Living-Manitoba is dedicated to the full inclusion in the  
community of person of all ages who live with an intellectual disability.

## PARENT LEADERSHIP DEVELOPMENT WEEKEND

**FEBRUARY 26-28TH, 2010**  
**Hecla Island, MB**  
  
**\$100 PER PERSON \$150 PER COUPLE**  
**INCLUDES ALL MEALS & ACCOMMODATION**

A weekend designed to help you as a parent develop your personal, parenting, and leadership skills. It's a great way to meet new people and reconnect with familiar faces. Arrive on Friday evening for a casual gathering and leave Sunday after lunch. Participants are introduced to reflective and experiential exercises during the weekend. In various ways we share, learn, laugh (a lot!) and then return rejuvenated and renewed. We hope you will join us this year on our 10th anniversary. . .

**Why attend? It's simple.**

This weekend is designed to help you **Renew...** your self, your perspective, your energy

**Reflect...** on your accomplishments, your abilities, talents, dreams, on your blessings

**Reaffirm...** your connectedness, your ability & potential, your life!

Check out the venue at

<http://www.heclaoasis.com/>

**Please register by January 26th.**

Mail your cheque, payable to **Community Living-MB**, to 6-120 Maryland Street, Winnipeg, MB R3G 1L1

### CONTACT INFORMATION

Workshop: Sarah Hauptkorn Cell: 204-392-6880

Email: [sarahlhauptkorn@hotmail.com](mailto:sarahlhauptkorn@hotmail.com)

Registration: Cheryl Duffy Phone: 204-786-1607

Email: [aclmb@mts.net](mailto:aclmb@mts.net)

Name/s: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

**PLEASE ADVISE IF YOU HAVE ANY ALLERGIES, OR FOOD REQUIREMENTS.**

Accommodations based on double occupancy. Participants will be forwarded an itinerary after registering.