

# MAY MEETING

## River East Parent Support Network (REPSN)

*A Community Living Winnipeg Family Connections group*

### Sensory Processing: Making Sense of Our Senses

Each of us has preferences for what we eat, how our clothes should feel, whether we can enjoy a roller coaster ride or the type of music we prefer. But what if a gentle bump put you on high alert, or your clothes made you uncomfortable, or you were distracted by every sound occurring in the classroom or other locations? Some children and adults struggle to cope with these experiences. We'll talk about the sensory systems and what parents can do to help their children with sensory challenges. The needs of teens+ can also be discussed.

The River East Parent Support Network is a support group for parents of children with special needs.

Meetings are generally held the 4th Monday of every month from September to June. We usually meet at Access River East (975 Henderson Hwy.)

Informal Coffee/Dinner Get-Togethers are also arranged throughout the year.

**Upcoming Meeting Dates:**

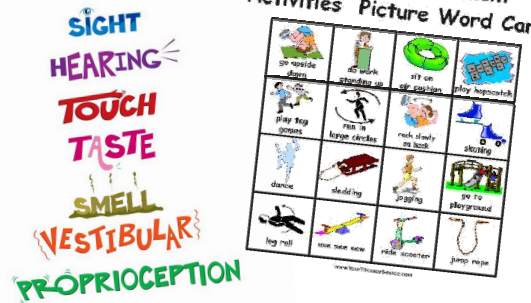
- May 24 (Thursday) - Coffee/Dinner Get-Together at Perkins on Henderson Hwy.
- Jun 25 - TBA

**GUEST SPEAKER:**

Pat Silver, O.T. Reg. (MB)  
Senior Occupational Therapist  
Outreach Therapies  
Rehabilitation Centre for Children



Vestibular/ Movement Activities Picture Word Cards



**Date:** May 28, 2012 Monday  
**Time:** 6:30 - 8:30 p.m.  
**Place:** Access River East  
 975 Henderson Hwy., Rm. 107  
**NOTE—> Remember...**  
 we have new meeting times.

**For more information and to RSVP... contact Dawn Gates at [repsn@shaw.ca](mailto:repsn@shaw.ca)**

**We'll have time for Q&A and discussion. Feel free to send questions ahead of time to [repsn@shaw.ca](mailto:repsn@shaw.ca)**

