

## PARENT WORKSHOP IN WINNIPEG

### Understanding Behavior from a “Sensation” Point of View

#### Sensory Processing Behavior in Children

We all process information from the world through our sensory systems. For some of us, and many children or teens, sensations create challenges that affect the ability to focus, learn, and cope with family, friends, or school life. This presentation will help you learn to analyze behaviors, determine if they might be driven by a disordered sensory system, and consider what to do about it. Strategies will be presented, some will be practiced, and you will have an opportunity to create a sensory “diet” specific for your child. Sensory products will be on display.

#### Workshop Objectives

This workshop will use sensory processing and relationship concepts including:

- Understanding the meaning of “regulation”.
- The continuum of sensory processing
  - (under → “just right” → over).
- Behaviors which indicate sensory processing differences in the sound, touch, movement and internal sensory systems.
- Strategies for regulation.
- How to create realistic expectations for your child.
- How to plan for sensory strategies proactively during the day.

#### Who Should Attend?

- Family members or caregivers involved with a child with challenging behaviors or sensory processing differences.

#### About the Presenter

**Rosanne Papadopoulos** is an occupational therapist who works in private practice and in the school system in Winnipeg. She has many, many years of experience working with children/teens with sensory regulation challenges. Rosanne also has training in Relationship Development Intervention (RDI)®, Integrated Listening Systems (iLs), Rhythmic Movement Training (RMT)® and Bal-a-Vis X approaches.

#### Date, Time and Location

**Date:** Friday, September 28, 2018

**Time:** 9:15 to 3:00 p.m. (lunch on your own)

**Cost:** \$ 25.00

**Location:** Canad Inns, 1824 Pembina Hwy, Winnipeg

#### Presenter:

Rosanne Papadopoulos OT Reg. (MB)

**Register online at:**  
**autismmanitoba.com**

**DEADLINE: Monday,  
September 24<sup>th</sup>.**

**SEATING IS LIMITED**

**Paid registrations will be  
accepted on first come, first  
serve basis.**

**For More information:**

**info@autismmanitoba.com**